## The Professional Table Tennis Coaches Handbook

#### **Your Guide to World-Class Coaching**

The Professional Table Tennis Coaches Handbook is the definitive guide to coaching table tennis at all levels. Written by world-renowned coaches, this book covers everything from basic techniques to advanced tactics, and will help you develop the skills you need to take your players to the next level.



#### **Professional Table Tennis Coaches Handbook**

by Larry Hodges

★ ★ ★ ★ 4.1 out of 5 Language : English : 620 KB File size Text-to-Speech : Enabled : Supported Screen Reader Enhanced typesetting: Enabled Word Wise : Enabled Print length : 45 pages : Enabled Lending



Whether you're a new coach or a seasoned pro, this book has something for you. The first part of the book covers the basics of table tennis coaching, including how to teach proper technique, how to develop training plans, and how to motivate your players.

The second part of the book dives into more advanced topics, such as how to develop winning strategies, how to coach mental toughness, and how to scout your opponents. This book also includes a wealth of drills and exercises that you can use to improve your players' skills.

If you're serious about coaching table tennis, then you need The Professional Table Tennis Coaches Handbook. This book will give you the tools and knowledge you need to help your players reach their full potential.

#### Here's what you'll learn from this book:

- How to teach proper technique
- How to develop training plans
- How to motivate your players
- How to develop winning strategies
- How to coach mental toughness
- How to scout your opponents
- A wealth of drills and exercises to improve your players' skills

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#### **About the Authors**

The Professional Table Tennis Coaches Handbook was written by a team of world-renowned coaches, including:

- Peter Drinkhall is a former world champion and current coach of the English national team.
- Zoran Primorac is a former world number one and current coach of the Croatian national team.
- Jörgen Persson is a former world number one and current coach of the Swedish national team.

These coaches have a wealth of experience and knowledge to share, and they have poured their expertise into this book. The Professional Table Tennis Coaches Handbook is the definitive guide to coaching table tennis at all levels.

#### **Testimonials**

"The Professional Table Tennis Coaches Handbook is the best book on coaching table tennis that I have ever read. It is full of practical advice and insights from some of the world's best coaches. I highly recommend this book to any coach, regardless of their level of experience." - Peter Drinkhall, former world champion and current coach of the English national team

"The Professional Table Tennis Coaches Handbook is a must-read for any coach who wants to take their players to the next level. This book covers everything from basic techniques to advanced tactics, and it is full of drills and exercises that you can use to improve your players' skills. I highly recommend this book to any coach, regardless of their level of experience."

- Zoran Primorac, former world number one and current coach of the Croatian national team

"The Professional Table Tennis Coaches Handbook is a goldmine of information for any coach who wants to improve their skills. This book is full of practical advice and insights from some of the world's best coaches. I highly recommend this book to any coach, regardless of their level of experience." - Jörgen Persson, former world number one and current coach of the Swedish national team

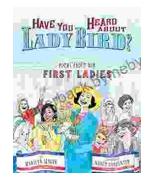


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