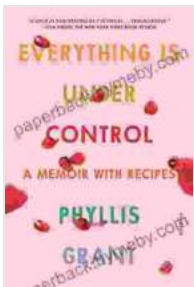


Everything Is Under Control: A Memoir With Recipes



Everything Is Under Control: A Memoir with Recipes

by Phyllis Grant

★★★★☆ 4.1 out of 5

Language : English
File size : 1165 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 258 pages
Paperback : 248 pages
Item Weight : 13.1 ounces

Dimensions : 6 x 0.62 x 9 inches



In this candid and witty memoir, food writer and cooking teacher Erin Gleeson shares her personal journey of embracing imperfection and finding control in the chaos of life, one delicious recipe at a time.

Gleeson's story is relatable and inspiring, as she navigates the challenges of motherhood, marriage, and career while also struggling with anxiety and depression. Through it all, she finds solace in cooking and sharing her love of food with others.

The recipes in "Everything Is Under Control" are more than just instructions for creating delicious meals. They are also a reflection of Gleeson's personal journey and her philosophy on life. Her recipes are simple, approachable, and always full of flavor, just like her writing.

Whether you're looking for a memoir that will make you laugh, cry, and think, or a cookbook that will inspire you to cook more delicious meals, "Everything Is Under Control" is the perfect book for you.

Praise for "Everything Is Under Control"

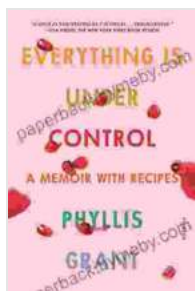
"Erin Gleeson's memoir is a love letter to food, family, and the messy business of life. Her recipes are as warm and comforting as her writing, and her story is sure to resonate with anyone who has ever struggled to find control in the chaos of life." —**Ruth Reichl, author of "My Kitchen Year" and "Tender at the Bone"**

"Erin Gleeson is a gifted writer and a talented cook. In "Everything Is Under Control," she shares her personal journey with honesty, humor, and heart. Her recipes are not only delicious, but they are also a reflection of her philosophy on life. This is a book that will stay with you long after you finish reading it." —**David Lebovitz, author of "My Paris Kitchen" and "The Sweet Life in Paris"**

"Erin Gleeson's memoir is a delightful read, full of warmth, humor, and wisdom. Her recipes are simple, approachable, and always full of flavor. This is a book that will make you feel good about yourself, no matter what life throws your way." —**Jenny Rosenstrach, author of "Dinner: A Love Story" and "Breakfast: The Cookbook"**

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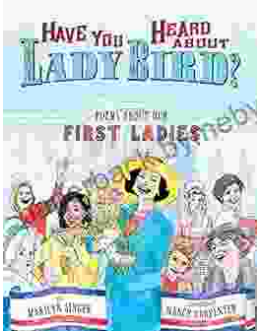
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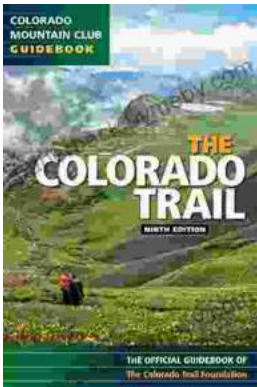
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