Do Gymnastics Like Simone Biles Play Like The Pros?

Do Gymnastics Like Simone Biles (Play Like the Pros)



★ ★ ★ ★ ▲ 4.6 out of 5
Language : English
File size : 11207 KB
Print length : 240 pages
Lending : Enabled



A comprehensive guide to gymnastics and basketball for kids, with tips from Olympic champion Simone Biles and NBA star Stephen Curry.

Do Gymnastics Like Simone Biles Play Like The Pros? is the perfect book for kids who love gymnastics and basketball. With tips from Olympic champion Simone Biles and NBA star Stephen Curry, this book will help kids learn the basics of both sports and improve their skills.

The book is divided into two sections, one on gymnastics and one on basketball. Each section includes step-by-step instructions for basic skills, as well as tips from Simone Biles and Stephen Curry. The gymnastics section covers everything from handstands and cartwheels to back handsprings and backflips. The basketball section covers everything from dribbling and passing to shooting and defense.

In addition to the basic skills, the book also includes tips on how to stay healthy and fit, as well as how to have fun while playing sports. Simone Biles and Stephen Curry share their personal stories and experiences, and they offer advice on how to overcome challenges and achieve your goals.

Do Gymnastics Like Simone Biles Play Like The Pros? is a great book for kids who want to learn more about gymnastics and basketball. With tips from two of the best athletes in the world, this book will help kids improve their skills and have fun while playing sports.

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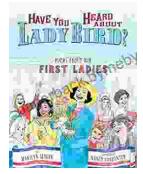
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