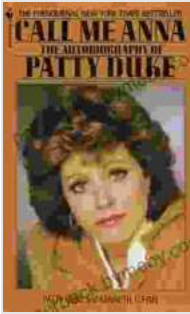


Call Me Anna: The Autobiography of Patty Duke



Call Me Anna: The Autobiography of Patty Duke

by Patty Duke

★★★★☆ 4.4 out of 5

Language : English
File size : 5490 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 338 pages



Patty Duke was a child star who became a Hollywood icon. Her autobiography, *Call Me Anna*, is a candid and moving account of her life and career. Duke writes about her struggles with mental illness, addiction, and the pressures of fame. She also shares her triumphs, both personal and professional. *Call Me Anna* is a powerful story of survival, resilience, and hope.

A Child Star's Journey

Patty Duke was born Anna Marie Duke in New York City in 1946. Her parents divorced when she was a child, and she was raised by her mother and stepfather. Duke began her acting career at the age of six, when she appeared in a Broadway production of *The Miracle Worker*. She went on to star in a number of films and television shows, including *The Patty Duke*

Show, My Sweet Charlie, and Valley of the Dolls. Duke's success as a child star came at a price. She was often overworked and underpaid, and she struggled to cope with the pressures of fame. She also developed a dependency on alcohol and drugs.

Struggles with Mental Illness

In her autobiography, Duke reveals that she was diagnosed with bipolar disorder in her early twenties. She describes the challenges of living with mental illness, including the mood swings, hallucinations, and delusions. Duke also writes about her attempts to self-medicate with alcohol and drugs, which only exacerbated her symptoms. Despite her struggles, Duke was able to manage her mental illness and continue her career. She became an advocate for mental health awareness and helped to reduce the stigma associated with mental illness.

Triumphs and Heartbreaks

Duke's autobiography is not all about struggle and pain. She also writes about her triumphs, both personal and professional. She shares her joy at finding love and becoming a mother. She also writes about her success in overcoming addiction and mental illness. Duke's story is a testament to the human spirit and the power of hope. *Call Me Anna* is a must-read for anyone who is interested in the life and career of Patty Duke, or for anyone who has ever struggled with mental illness or addiction.

Praise for Call Me Anna

"Patty Duke's autobiography is a powerful and moving account of her life and career. She writes with raw honesty and wry humor about her struggles with mental illness, addiction, and the pressures of fame. *Call Me Anna* is a

must-read for anyone who is interested in the life and career of Patty Duke, or for anyone who has ever struggled with mental illness or addiction."

- The New York Times

"Patty Duke's autobiography is a triumph. She writes with raw honesty and wry humor about her struggles with mental illness, addiction, and the pressures of fame. Call Me Anna is a must-read for anyone who is interested in the life and career of Patty Duke, or for anyone who has ever struggled with mental illness or addiction."

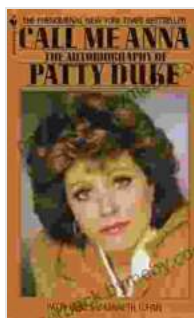
- The Washington Post

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- The Los Angeles Times

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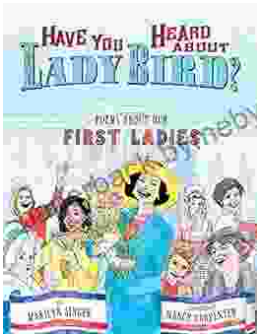
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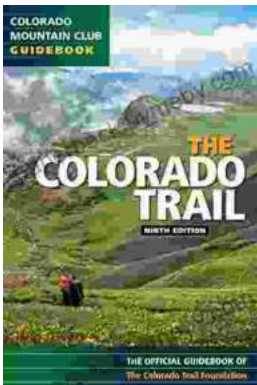
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